



NEW YORK HOSA

DECEMBER
NEWSLETTER

HAPPY HOLIDAYS!



CHAPTER CHALLENGES!

**DECEMBER IS THE MONTH OF
FAMILY, FRIENDS, GIVING GIFTS,
AND DELICIOUS FOOD TO SHOW
YOUR LOVE AND APPRECIATION TO
THOSE AROUND YOU!**



**MAKE HOLIDAY CARDS ATTACHED WITH
CANDY CANES AND DELIVER THEM TO
YOUR LOCAL NURSING HOMES! SUBMIT
A PHOTO OF THE CARDS YOU MAKE AND
SOME PICTURES WITH STUDENTS AND
CARDS! (5 PTS)**



EMAIL SUBMISSIONS TO:

NYSHOSANEWSLETTER@GMAIL.COM

INCLUDE:

- CHAPTER SCHOOL NAME & NUMBER
- NAME OF THE CHAPTER ADVISOR
- NAME OF THE CHAPTER PRESIDENT
- NAME OF THE CHALLENGE



**NATIONAL HAND WASHING
AWARENESS WEEK
(DECEMBER 1-7):**



**HELP RAISE AWARENESS OF THE
PROPER HAND WASHING STEPS & THE
BENEFITS OF PRACTICING GOOD HAND
HYGIENE, EMPOWERING PEOPLE TO
FOLLOW HAND WASHING BEST
PRACTICES.**

BUT WHAT ARE THE PROPER STEPS?

**THE CDC RECOMMENDED STEPS TO HAND
WASHING**

- 1. WET HANDS WITH CLEAN, RUNNING WATER**
- 2. APPLY SOAP**
- 3. LATHER HANDS BY RUBBING THEM
TOGETHER**
- 4. SCRUB HANDS FOR AT LEAST 20 SECONDS**
- 5. RINSE HANDS WELL UNDER CLEAN,
RUNNING WATER**
- 6. DRY HANDS WITH A CLEAN TOWEL OR
PAPER TOWEL**

FALL LEADERSHIP CONFERENCE

THANK YOU FOR A WONDERFUL FLC!
WE HOPE YOU HAD LOTS OF FUN AND
LEARNED A LOT AT THE ACTIVITIES!
WE ARE EXCITED TO SEE YOU AT THE
SPRING LEADERSHIP CONFERENCE!



THINKING OF BECOMING A NY HOSA STATE OFFICER?

HOW TO APPLY

VISIT THE WEBSITE: NEWYORKHOSA.ORG



- **ACCESS OFFICER APPLICATION ON THE TAB Labeled "NEW YORK STATE HOSA OFFICER APPLICATION" OR UNDER THE "MORE" TAB.**

**SUBMIT ALL
FORMS BY
JAN. 30, 2025**

CANDIDATES WILL
BE INTERVIEWED BY
THE CURRENT STATE
OFFICERS & BOARD
OF TRUSTEES.



**CANDIDATES
MUST ATTEND
THE NY HOSA
SPRING
LEADERSHIP
CONFERENCE TO
INTRODUCE
THEMSELVES FOR
ELECTION
CONSIDERATION.**



ELIGIBILITY: YOU MUST BE...

- **IN GOOD HOSA STANDING WITH ALL DUES PAID.**
- **IN GOOD ACADEMIC STANDING WITH YOUR SCHOOL**
- **ENDORSED BY YOUR LOCAL HOSA CHAPTER ADVISOR, A 2ND REFERENCE AND YOUR SCHOOL PRINCIPAL OR OCCUPATIONAL DIRECTOR.**
- **APPROVED BY YOUR PARENT/GUARDIAN**

YOU MUST ATTEND:

- **STATE OFFICER TRAINING (AUG. 2025),**
- **FALL LEADERSHIP CONFERENCE PLANNING MEETING (OCT. 2025),**
- **NYS HOSA FALL LEADERSHIP CONFERENCE (NOV. 2025)**
- **SPRING LEADERSHIP CONFERENCE PLANNING MEETING (JAN. 2026)**
- **NYS HOSA SPRING LEADERSHIP CONFERENCE (MARCH OR APRIL 2026)**
- **EXECUTIVE BOARD MEETINGS THROUGHOUT THE YEAR**





SPRING LEADERSHIP CONFERENCE



CHOOSING A COMPETITIVE EVENT (CE)

**VISIT [HOSA.ORG/GUIDELINES](https://www.hosa.org/guidelines)
YOU CAN SELECT MULTIPLE ONLINE-ONLY
CE AND ONE IN-PERSON CE**

**PICK FROM SINGLE & TEAM EVENTS,
COMMUNITY INVOLVEMENT, SPEAKING &
WRITING SKILLS, SPECIFIC HEALTHCARE
AREAS: SPORTS MEDICINE, NURSING, AND
MUCH MUCH MORE!**

THERE'S A CHALLENGE FOR EVERY SKILL SET!



**READ THE GUIDELINES FOR YOUR EVENT AND
GET READY FOR A CONFERENCE PACKED WITH
GROWTH, CAMARADERIE AND HOPEFULLY
WINNING A MEDAL!**

**WINNERS AT SLC ARE INVITED TO COMPETE AT
THE INTERNATIONAL HOSA LEADERSHIP
CONFERENCE JUNE 18-21, 2025 IN NASHVILLE, TN**



NYS HOSA
PIN DESIGN
CONTEST

**The design must incorporate
this year's HOSA theme
"Powered by People".**

**The design can have a max of 3 colors.
New York HOSA retains the right to
modify/enhance the chosen design.**

**Your design may also be considered for
the SLC t-shirt or program cover.**

DUE: JANUARY 10, 2025, 10 PM

**EMAIL TO
STATEADVISOR@NEWYORKHOSA.ORG**

**The student or chapter name CANNOT be
visible on the submitted design.**

**Entries can only be submitted by an
affiliated NYS HOSA member.**