What to expect ...

Each month a different New York State Officer will design a newsletter that will explain what is happening in HOSA and share health care related articles. Facts and challenges will be paired with the articles. Chapters will have a chance to complete these challenges and be awarded points. In April, the chapter with the highest score will be awarded a prize at the NYS Spring Leadership Conference in Syracuse, New York!

September 10th National Suicide Awareness Day

September National Leukemia Awareness Month
Your NYS HOSA Board of Trustees

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Your New York State Officers and New York State Board of Trustees are initiating a New NYS HOSA tradition: the **HOSA Chapter Challenge**. We want to encourage all chapters to participate throughout the school year to show your school spirit and increase your involvement in HOSA. Monthly challenges will give members the opportunity to use their creative skills and demonstrate their community involvement.

Each month, new challenges can be found in these newsletters. Chapters will have the chance to earn points and the chapter that shows the most creative, innovative, approach to each challenge will be rewarded with bonus points. The monthly scores of each chapter and who won the bonus points will be shared in the following month’s newsletter. The chapter with the most points will be honored with an award at the NYS Spring Leadership Conference.

Chapters will earn 1 point for every member your chapter recruits. Chapters that help other schools establish a new chapter will be rewarded with 15 points for each new chapter they help to create (you must send a picture of you at the new school’s chapter).

All challenge entries should be emailed to: **NYSHOSANewsletter@gmail.com**

Be sure to include the following information on all entries:

1. Chapter school name
2. Chapter number
3. Name of challenge as the subject line of your email
4. Description of the challenge entry
5. Name of chapter advisor and chapter president
MENTAL HEALTH IS IMPACTED BY BULLYING.

THE FIRST NYS HOSA CHALLENGE IS TO DO SOMETHING NICE FOR SOMEONE ELSE.

IT CAN BE SOMETHING SIMPLE OR SOMETHING BIG.
NO ACT OF KINDNESS IS TOO SMALL.

SEND AN EMAIL FROM YOUR ADVISOR, EXPLAINING YOUR ACT OF KINDNESS, AND YOUR CHAPTER WILL RECEIVE 5 POINTS FOR EACH SPECIFIC ACT.
(MAXIMUM OF 5 LETTERS PER MONTH)

SEND TO: NYSHOSANewsletter@gmail.com
Every year, more than 800,000 people die by suicide and up to 25 times as many make a suicide attempt. Behind these statistics are the individual stories of those who have, for many different reasons, questioned the value of their own lives.

Each one of these individuals is part of a community. Some may have strong ties to this community, and have a network of family, friends, work colleagues or school mates. Others may be less well connected, and some may be quite isolated. Regardless of the circumstances, communities have an important role to play in supporting those who are vulnerable.

This sentiment is reflected in the theme of the 2017 World Suicide Prevention Day: ‘Take a minute, change a life.’ As members of these communities, it is our responsibility to look out for those who may be struggling, check in with them and encourage them to share their story in their own way and at their own pace. Offering a gentle word of support and listening in a non-judgemental way can make all the difference.

WSPD Home."


SEPTEMBER 10TH – NATIONAL SUICIDE AWARENESS DAY

SUICIDE AWARENESS CHALLENGE

THE NATIONAL SUICIDE AWARENESS COLOR IS PURPLE AND TURQUOISE.

ON SEPTEMBER 11TH GET YOUR CHAPTER TO WEAR TURQUOISE OR PURPLE TO RECEIVE 5 POINTS FOR YOUR CHAPTER. YOU MUST SEND IN A PHOTO!

NYSHOSANewsletter@gmail.com
SEPTEMBER – LEUKEMIA AWARENESS MONTH

Leukemia is cancer of the body’s blood-forming tissues, including the bone marrow and the lymphatic system.

Many types of leukemia exist. Approximately every 3 minutes one person in the United States (US) is diagnosed with a blood cancer. Some forms are more common in children while other forms occur mostly in adults.

Leukemia involves white blood cells. These cells are potent infection fighters — they normally grow and divide in an orderly way, as your body needs them. But in cases of leukemia, the bone marrow produces abnormal white blood cells, which do not function properly.

Over 170,000 people in the US will be diagnosed with leukemia, lymphoma or myeloma in 2017. New cases of leukemia, lymphoma & myeloma will account for 10.2% of the estimated 1,688,780 new cancer cases diagnosed in the US in 2017.

The overall five-year relative survival rate for leukemia has more than quadrupled since 1960. From 1960 to 1963, the five-year relative survival rate among whites (only data available) with leukemia was 14 percent. From 1975 to 1977, the five-year relative survival rate for the total population with leukemia was 34.2 percent, and from 2006 to 2012, the overall relative survival rate increased to 62.7 percent.

Leukemia."  


LEUKEMIA AWARENESS CHALLENGE

ORANGE IS THE COLOR FOR THE NATIONAL AWARENESS OF LEUKEMIA.

ONE DAY DURING THE MONTH OF SEPTEMBER GET YOUR CHAPTER TO WEAR SOMETHING ORANGE TO EARN 5 POINTS FOR YOUR CHAPTER. MUST BE DONE BY SEPTEMBER 29TH.

SEND A PHOTO OF THE CHAPTER TO:

Don’t forget, send all your challenge entries to:  
nyshosanewsletter@gmail.com
HOSA TO DO LIST FOR SEPTEMBER

1. Promote your HOSA chapter at school to get students to join.
2. Elect your HOSA chapter officers
4. Have members complete their STEM Premier profile www.HOSA.org/STEMPremier
5. Start thinking about what competitive event(s) members want to enter for the NYS Spring Leadership Conference, April 17 – 19, 2017 in Syracuse, New York.

Congratulations to the following 2017 ILC Winners & Top 10 Finalists!

Anyah Carew – Thomas Edison C.T.E. H.S. – 2nd Place – Job Seeking Skills
Cynthia Dorelus – Clara Barton H.S. – Top 10 Finalist in Personal Care
Angelina Eapen – Great Neck South H.S. – Top 10 Finalist in Healthy Lifestyle
Kathleen Mahoney – Hendrick Hudson H.S. – Top 10 Finalist in Veterinary Science

Check out these links for more information:
HOSA THEME 2017 – 2018

Create Your Future

Future Health Professionals 2017 2018
We are sure everyone has heard about Hurricane Harvey that devastated Houston and the surrounding areas in Texas. Texas currently has over 400 HOSA chapters in this area, and many of our fellow HOSA brothers and sisters have been affected.

While some Texas chapters will need more help than others, we want all of those chapters affected to know that NYS HOSA cares! Let’s help ease the burden these members are facing in a way only their HOSA family can!

HOSA Headquarters and Texas HOSA are partnering to identify HOSA chapters who need assistance in South East Texas and work with other HOSA chapters to provide relief.

If your chapter is willing to donate funds or supplies to some of our HOSA families in need please visit http://hosa.org/harveyrelief for additional details and instructions.

Let’s show we care about our chapters in Texas.
What To Expect in Future Newsletters

- October- Breast Cancer Awareness
- November- Alzheimer’s Awareness
- December- National Handwashing Awareness
- January- Birth Defects Prevention
- February- Heart Health Awareness
- March- Down Syndrome, Multiple Personality
- April- Donate Life
- May- Spring Conference Winners, ILC Prep for Dallas, Texas