

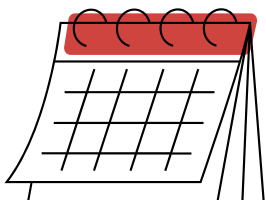
2025-2026 NEWSLETTER

# NYS HOSA April Issue



## Newsletter Overview

**Spring Leadership  
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**NMDP  
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**HOSA  
2026 ILC**



**Farewell from  
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## Spring Leadership Conference Overview

*March 24-26 in Syracuse, NY*

This year's HOSA-Future Health Professionals Spring Leadership Conference marked a milestone moment for New York State, bringing together a record-breaking 1,053 participants, with more than 450 members attending in person in Syracuse.

Months of preparation for the conference leading to the success of this event reflected not only the organization's continued growth, but also the dedication and enthusiasm of students committed to pursuing careers in healthcare.

We were excited to welcome Patrick Grady, a former middle and high school educator who now travels across North America as a motivational speaker. His presentation, "A Humorous Look At Leadership!", energized the audience, blending humor with meaningful insights about personal growth and leadership.

His ability to connect with students through both laughter and authenticity left a lasting impression, bringing the entire room to its feet.



Our conference was also honored to welcome Shriya Kunam, HOSA–FHP International Eastern Region Vice President. Through her remarks on leadership, advocacy, and representation, she emphasized a powerful message: "Start where you are. Use what you have. Do what you can."

Like every year, NYS continued our long-standing tradition, the raffle basket fundraiser once again supported the National Marrow Donor Program (NMDP), formerly known as Be the Match.

As a global leader in bone marrow and blood stem cell transplants, NMDP plays a critical role in giving patients a second chance at life. This year, SLC fundraiser reached an all-time high, raising \$2020.07.

Building on this success, the State Officers and Board of Trustees introduced a new initiative, "Jar Wars," which quickly gained traction among chapters. The fundraiser contributed an additional \$572.07 toward NMDP, demonstrating the collective impact of small contributions when driven by a shared purpose.

The State Officers had so much fun meeting every single one of you, and your energy and enthusiasm made the experience even more meaningful. Congratulations to all our members for their hard work, passion, and commitment. This conference not only celebrated achievements, but also highlighted the strength and promise of the next generation of healthcare leaders.





# SLC 2026

**Congrats to all our members!**



# NMDP Fundraiser

**HOSA members, you have all been remarkable this year. We are incredibly proud to share that we didn't just meet our goal of \$2,500—we surpassed it by a landslide, raising an outstanding \$4,765.25!**

**\*\*Special Thanks to Maria Regina High School, whose chapter raised \$1662.25 for NMDP!!\*\***



**National Marrow Donor Program (NMDP)**

NMDP (formerly known as Be The Match), is a nonprofit organization dedicated to connecting patients diagnosed with blood diseases to a registry of bone marrow and stem cell donors.

**Unite.  
Take Action.  
Save a Life.**

**\$2,592.14 dollars  
were raised at SLC  
2026!!**

Fundraising options to support those in need:

Host community events and raise funds in your local chapter, give monetary gifts, and help create change.

*Consider: **NMDP Endurance events**: challenge your community to 3-5K races, and get participants sponsored for every mile to empower the cause.*

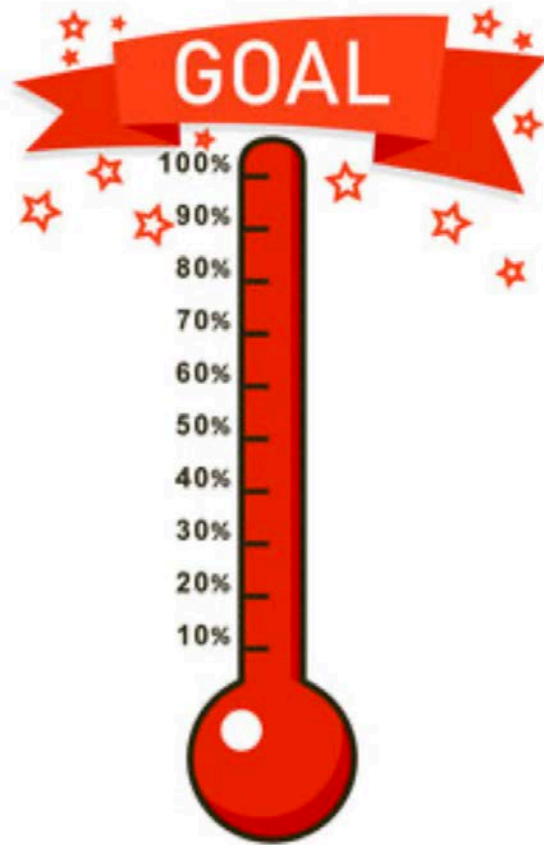
Learn more at: [🌐 About NMDP](#)

Read about donation stories:

[🌐 Bone Marrow Donor & Stem Cell Donor Stories | NMDP](#)

## NMDP Fundraising Thermometer

**Goal: \$2500**



**2025-2026 TERM HAS  
ACHIEVED \$4,765.25**

**HOSA 2026  
International  
Leadership Conference**



HOSA's International Leadership Conference (ILC) is an exceptional leadership and professional development opportunity. From June 17–20, 2026, HOSA members from around the world will gather in Indianapolis, Indiana, for a memorable and impactful experience.

HOSA ILC Guidebook: <https://hosa.org/wp-content/uploads/2026/03/2026-HOSA-ILC49Guide-CoC-v9-2.pdf>

### **Competing at ILC**

1. All NY HOSA members that won 1st, 2nd or 3rd place in their competitive event are eligible to compete in their same event at the ILC - June 17-20, in Indianapolis, IN.
2. All competitions are in-person only.
3. Members can only compete in one winning competitive event (CE), even if they won more than one CE.
4. Competitive event results are now posted on [newyorkhosa.org](http://newyorkhosa.org) under "Conferences" -> "Past Competitive Winners." You can access them directly here: <https://www.newyorkhosa.org/2026-slc-winners.html>
5. Students may only compete in one event at ILC; if they qualify in multiple events, they must select one. For further details, please review the HOSA General Rules & Regulations (GRR): <https://hosa.org/wp-content/uploads/2025/08/25-26-GRR-8.27.pdf>
6. If a CE requires an "upload", students can make changes to their documents and must upload them again to the ILC 2026 link. Judges will not look at uploaded documents from NY HOSA SLC. **The upload deadline is May 15th.**
7. The HOSA Guidebook has a full agenda for the conference: [hosa.org/wp-content/uploads/2026/03/2026-HOSA-ILC49Guide-CoC-v9-2.pdf](https://hosa.org/wp-content/uploads/2026/03/2026-HOSA-ILC49Guide-CoC-v9-2.pdf)
8. The schedule of competitive events can be found here: <https://hosa.org/ilccompete/>
9. NY HOSA gets 3 Voting Delegates at ILC. If you have students that did not win any event but want to attend ILC, contact Dr. Savitzky

(stateadvisor@newyorkhosa.org) and she will share information about their responsibilities to serve as our voting delegates. Details are on page 28 of the guidebook.

### **Conference Registration**

(**tutorial video:** <https://www.youtube.com/watch?v=BljQsjx-Z58>)

**Handout:** <https://hosa.org/wp-content/uploads/2024/08/Step-by-Step-guide-for-Chapter-Advisors-Registering-for-conference.pdf>

**CE with upload component:** <https://www.youtube.com/watch?v=7i93k32Sf6M>

### **ONLY ONE member/team should upload the materials!!!**

1. Chapter Advisors must register all students and chaperones for ILC by **May 5th**. Registration for ILC is \$135 per person.
2. **All payments must be sent to NY HOSA by May 5th** and must be a check or money order. No purchase orders will be accepted.
3. Students may not attend alone. Chaperones must be registered and pay for the conference.
4. Each attendee will receive one bag of 10 NY HOSA trading pins and swag as part of their registration fee.
5. Registration includes the opportunity for student members to compete in one National Geographic/Cengage Learning test for a medal. Students can enter more than one test, but will be charged \$20/test. The registration must include which test(s) they want to enter. There is no on-site registration for these tests.
6. Student members must register for any Recognition events they earned (Barbara James, Healthcare Literacy, Red Cross, Hilarity for Charity, HOSA History, etc). You must be registered for ILC in order to receive your recognition for these events.
7. Senior high school/college students can apply for scholarships if they are attending the ILC: <https://hosa.org/scholarships> (April 15th deadline)
8. HOSA ILC offers several tournaments and activities that students can sign up for - spaces are limited so they need to sign up soon.
9. One to two adults per chapter will be required to assist NY HOSA in our assigned duty at ILC. We have been assigned to the testing room on Friday, June 19<sup>th</sup> to act as proctors. This job does not require any healthcare knowledge or English proficiency. Specific information will be provided once it is shared by HOSA Headquarters.

**Hotel Accommodations** are handled directly at the chapter level.

1. Travel information: <https://hosa.org/travel/>
2. Hotel information: <https://hosa.org/ilc-hotels-and-amenities/> You must watch the Hotel Process Video: <https://www.unifiedeventsolutions.com/hosa>

3. Advisors have been emailed the required NY HOSA hotel reservation link.
4. If your school uses purchase orders for lodging, it will be your responsibility to contact the hotel directly to confirm if they are accepted.
5. All hotels will require a credit card to be added to hold reservations.
6. Any hotel cancellations must be done by May 15th or you will be charged for one night accommodation.

**Medical Release & Code of Conduct forms** must be completed and uploaded to the NY HOSA dropbox.

1. Due to the volume of NY HOSA SLC attendees, *everyone* attending the HOSA ILC must complete both forms again and each chapter must submit the forms in one group to the NY HOSA Dropbox.

2. All advisors and chaperones MUST complete these forms.

3. **Medical Release form for students and adults:**

[https://www.newyorkhosa.org/uploads/2/0/9/8/20981116/medical-release\\_members\\_23\\_24.pdf](https://www.newyorkhosa.org/uploads/2/0/9/8/20981116/medical-release_members_23_24.pdf)

4. **Code of Conduct form for students:**

[https://www.newyorkhosa.org/uploads/2/0/9/8/20981116/23\\_24\\_hosa\\_consent\\_and\\_conduct\\_form.pdf](https://www.newyorkhosa.org/uploads/2/0/9/8/20981116/23_24_hosa_consent_and_conduct_form.pdf)

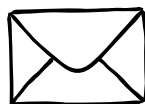
**Code of Conduct form for adults:** <https://hosa.org/wp-content/uploads/2026/02/Advisor-Code-of-Conduct-2.16.26.pdf>

### **Miscellaneous Items**

1. Dress code is on page 36 of the HOSA ILC Guidebook: <https://hosa.org/wp-content/uploads/2026/03/2026-HOSA-ILC49Guide-CoC-v9-2.pdf>
2. Students must bring certain items with them (see page 22) for competitions, tests.

For additional details on registration, travel, and event schedules, please consult the NYS HOSA advisor or the official HOSA ILC website:

 **International Leadership Conference**



# A Farewell from the “A Team”



**Rihanna Qiu**

**Hey HOSA Members!**

**It felt like yesterday when I first met the “A Team” and all of you. Just to think that this term has ended makes me feel bittersweet.**

**HOSA has created so many new memories for me, the team and all of you. From unexpectedly dancing to “Da-Da Di-Dum” with Patrick Grady, to waiting on those long line for dinner, to our shared giggles when two of you danced the creed to me.**

**These are the moments I’ll hold onto the most. It’s not just the big milestones, but the little moments in between that made this journey so special. I believe that this organization and all of you will only continue to grow and improve from here on.**

**Even though my term is coming to an end, this doesn’t mean our connection has to. Please don’t hesitate to reach out, connect, or just say hi. I truly love to stay in touch!!**

**With so much love,  
Rihanna Qiu**



**Salutations future healthcare professionals and Champions of Change,**

**I wanted to end with the beginning to my biography which was one of my first tasks as State Officer. While writing it started off as seemingly inconsequential, it became something so much more—it turned into a part of my life that I will forever cherish.**

**From taking digital camera pictures of people in the lobby, to crying on stage during my farewell speech (which I apologize immensely for), HOSA exposed me to lifelong memories that I will forever cherish. Even if you didn't place in your competitive event, remember this. Success is not linear. There will be hard days and there will be days when you feel burnt out. But always, ALWAYS look for the end of the tunnel—that is when you will truly begin to champion your own change.**

**I would like to end my term with gratitude. Thank you to the A team. From social media posts to late night conference planning, my fellow state officers made the experience unforgettable. Thank you to the entire board of trustees including Dr. Savitzky, Ms. Modicaamore, Mr. Del Greco, Ms. Kunz, and Ms. O'Connor, for gifting me with this opportunity and supporting our endless ideas. They are the unseen backbone to this conference who I will always appreciate.**

**Most importantly, thank you my chapter, Fayetteville–Manlius High School, for inspiring me to be a part of HOSA from the beginning. I will cherish our makeshift camp in the hotel lobby and our chapter meetings. And thank you to Mrs. Estock, from supporting this dream from the beginning.**

**Don't forget to continue championing your change New York,**

**Sureeta Das**



**Sureeta Das**



**NYS HOSA,**



**Ella Yusick**

**Thank you for an amazing year. Although I am sad that my term as State Officer has come to an end, I am excited to see the next group of Officers build upon our work.**

**To those of you who qualified for ILC, congratulations! Study hard, but take advantage of all the fun opportunities while you are at the conference. You should be proud to represent New York State!**

**A huge thank you to all the advisors and board members who supported us State Officers this year. Without all of you, NYS HOSA would not exist. Thank you for trusting us to work with you this year on not just the conferences, but the behind-the-scenes work as well.**

**Finally, to those who are new to HOSA, keep showing up to meetings, attending conferences, and studying for competitive events. Read the HOSA emails from Dr. Savitzky that highlight healthcare opportunities! You will never be able to guess where this organization can take you.**

**Signing off,**

**Ella Yusick**



**NYS HOSA,**

**I am so grateful for the experiences, memories and skills learned through my term. Watching this community learn, grow, and thrive has been the highlight of my journey. As this chapter ends for me, I will continue to cheer on NYS HOSA and the incredible impact of the fundraising and conference experience that I am incredibly proud of.**

**I want to extend a heartfelt thank you to my advisor Mrs. Estock and my FM chapter that began its own journey and introduced me to this organization my freshman year of high school, and to the NYS HOSA advisors for their support and guidance this year.**

**This was a truly wonderful year and I am proud of every single effort and strive each of us made to serving the organization. To the students who just started their HOSA journey, I hope you continue to be inspired. To the seniors, I wish you the best of luck on your future endeavors and encourage you to continue following HOSA as you pursue your careers!**

**Wishing you a wonderful journey ahead!**

**Warm Regards,**

**Noya Amjad**



**Noya Amjad**





**Theresa Andoh**

**Dear New York State HOSA,**

**I had an amazing time with you all at SLC this year. It was so heartwarming to see all the chapters at check-in and to watch many of you lock in for your competitions. I'm truly saddened that this will be the last HOSA conference I'll attend; however, I hope you all continue to enjoy the enrichment and experience HOSA offers.**

**To all the incredible advisors and members I've met through HOSA: I love you all. Continue to expand your passion for health and create change in the lives you touch.**

**To my advisors, Mrs. Santiago and Mrs. Waldron — thank you for everything.**

**This was an incredible year for NYS HOSA, and it was all due to you all. Thank you, HOSA members, for allowing Team A to lead you.**

**HOSA is my forever home.**

**Best regards from your Parliamentarian,  
Theresa Andoh**

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**~SIGNING OUT~**

*-A Team, 2026.*

## **HOSA Information**

**2025-2026 HOSA-Future Health Professionals  
Theme: "Champions of Change!"**

***Think about how you, as a HOSA member, can embody this theme for  
2025-2026***



## HOSA'S MISSION

The mission of HOSA is to empower HOSA-Future Health Professionals to become leaders in the global health community through education, collaboration, and experience.

## NYS HOSA Creed:

I believe in the healthcare profession.

I believe in the opportunities that my training offers.

I believe in education.

I believe that by using my skills, knowledge, and experience, I can contribute to my community.

I believe in myself.

I believe that I will become more aware of myself and become a more responsible citizen.

I believe that each person is important and therefore I will treat each person with respect and love.

To this end, I dedicate my training, my skills, and myself to serving others through

**HOSA-Future Health Professionals**

Interested in starting a new NYS HOSA Chapter? Click on this link to find out more!

<http://www.newyorkhosa.org/new-chapter-request.html>

# Contact Us

For further information, visit the NYS HOSA Website: <http://www.newyorkhosa.org>

chairman@newyorkhosa.org

